

Newsletter March 2023

Upcoming Championships:

- *KZN Senior and Masters champs 17-18 March, Pmb*
- *World Masters Indoor Champs, 26 March, Torun, Poland*
- *Gauteng North Masters Champs, 21 April, Pretoria*

KZN Masters Athletics



Annual General Meeting

The annual general meeting of the KZN Masters Athletics Association was held at Kings Park Stadium on 3 December 2022.

You will be able view the minutes and our constitution on our website once it is back up and running.

The following members were recognized for their performances and commitment to masters athletics.



David Fourie – Sportsman 2022



Shona Hutchinson - Sportswoman 2022



LONG SERVICE AWARDS



New SA Record for Mo

Moses Naidoo from Fast Feet Club and long standing KZN Masters member set the Pilditch track alight on Saturday 4 th March 2023.

He smashed the South African M50 400m record by over half a second, setting the new mark at 51.93s.

The previous record of 52.5s was set by Yugoslav Olympian Miloje Grujic over 40 years ago!

Moses is heading off to Torun, Poland to compete in the World Masters Athletics Indoor Championship at the end of March.

Good luck Mo!

Track & Field: KZN Senior and Master Championships

The **KZNA TRACK & FIELD SENIOR & MASTERS CHAMPIONSHIPS** will be taking place in Pietermaritzburg (Msunduzi Athletics Stadium) **17 – 18 March 2023**.

Kindly note the following:

ANY athlete that is 16 years or older and is affiliated to a club or a school in good standing with KZNA can compete in the championship.

ALL athletes must have a 2023 permanent license number.

Excel spreadsheet to be emailed

to entries@kznathletics.co.za and admin@kznathletics.co.za

NO ENTRY FORM WILL BE ACCEPTED WITHOUT PROOF OF PAYMENT.

NO ENTRY WILL BE ACCEPTED AFTER 16:00 ON FRIDAY, 10 MARCH 2023.

To compete as a master in the masters age groups, there is the additional requirement to be a member of KZN Masters Athletics Association. A **R10 race levy** will be payable in cash at the stadium. This will be paid over to SAMA by KZNA.

Click Here to view:

[COMPETITION MANUAL](#)

[KZNA SENIOR & Masters Championships – Provisional Program](#)

[KZNA SENIOR & Masters Champs 2023 Entry Form](#)



Track & Field Masters Fixtures

Date From	Date To	Event	Town/City	Venue
04-Feb-23	04-Feb-23	WPMA Leo Benning 2	Parow	Parow Athletics Track
18-Feb-23	19-Feb-23	WMA Cross-Country Champs (Short Course)	Bathurst, Australia	
04-Mar-23	04-Mar-23	CGMA Champs	Germiston	Germiston Stadium
17-Mar-23	18-Mar-23	KZNMA Champs (inc into KZN Snr Champs)	Pietermaritzburg	PMB Msunduzi Athletics Stadium
25-Mar-23	25-Mar-23	WPMA Leo Benning 3	Cape Town	Green Point Stadium
26-Mar-23	01-Apr-23	WMA Indoors Champs	Torun, Poland	Various
08-Apr-23	08-Apr-23	EP Masters Champs	Port Elizabeth	TBC
15-Apr-23	15-Apr-23	Meeting hosted by FS	Sasolburg	D.P. de Villiers Stadium
21-Apr-23	22-Apr-23	GN Masters Champs	Pretoria	Pilditch
22-Apr-23	22-Apr-23	WP Masters Champs	Cape Town	Green Point Stadium
04-May-23	06-May-23	SAMA Champs	Cape Town	Green Point Stadium
05-Aug-23	05-Aug-23	FS Throws & Jumps Meet	Bloemfontein	TBC
20-Oct-23	21-Oct-23	SWD Masters Champs	Oudtshoorn	De Jager Stadium
28-Oct-23	28-Oct-23	FS Masters Champs	Bloemfontein	Free State Stadium
16-Nov-23	18-Nov-23	Africa Masters Champs	Cape Town	Green Point Stadium
OR (the date can change at short notice due to soccer)				
23-Nov-23	25-Nov-23	Africa Masters Champs	Cape Town	Green Point Stadium
	2024	SAMA Champs	Bloemfontein	Free State Stadium
21-Oct-24	21-Oct-24	WMA Marathon World Championship		

Contact Us

KZN Masters Athletics

Email

mastersathleticskzn@gmail.com

Website

www.kznma.co.za

Cross Country Fixtures

The cross-country season is about to kick off ...



**KWAZULU-NATAL
ATHLETICS**

2023 CROSS COUNTRY CALENDAR

Leagues & date	Venue & District	Host Club	Chairperson & contact	X-C Captain
Parlauf 17 March 2023	Westville Clubhouse Ethekwini	Westville A.C	Kylie Griffin – 0825630574 director@kzneia.co.za	Kylie Griffin 0825630574
League 1 18 March 2023	Richards Bay Complex King Cetshwayo	Qhakaza A.C	Lilly Dillies- 0824718853 octavedillies@yahoo.com	Stacey Pretorius 0646824742
League 2 01 April 2023	Laddsworth P School Umgungundlovu	Hilton Harriers A.C	Jeff Speed- 0828924215 jeffspeed@telkomsa.net	Jeff Speed 0828924215
League 3 22 April 2023	Ndwedwe Sports Ground Ilembe	Thandolwethu A.C	Cebolenkosi Maphumlo- 0736668441 Maphumulocebo@gmail.com	Nkosingiphile Zuma 0734275797
League 4 22 April 2023	Howick Sports Complex Umgungundlovu	Umngeni Howick Academy A.C	Ntokozo Mlotshwa-0734923882 Numlotshwa987@gmail.com	Ntokozo Mlotshwa 0734923882
League 5 23 April 2023	KwaBhukuda Zululand	Edumbe A.C	Busi Dlamini- 0834797780 Dlamini62@gmail.com	Vincent Mthethwa 0760220436
League 6 29 April 2023	KuNyinyani(KwaZuma) Umkhanyakude	Manguzi A.C	Dr Gama Nhlonzi -0721484555 Nhlonzigb@gmail.com	SS Vumase 0731942341