

KZN Masters Field Records - Throws

Last updated:

Feb-24

Discus									
Age Group	Athlete	Performance	Venue	Date	Age Group	Athlete	Performance	Venue	Date
M30	-				W30	-			
M35	Sarel Kok	46.40		2006	W35	R Adendorff	32.86		
M40	Johan Labuschagne	41.18		2012	W40	Jana Rzepecka	31.84		
M45	Johan Labuschagne	39.13	Kings Park, Durban	5/12/2020	W45	Angela Cilliers	32.43	Pretoria	13/05/2016
M50	Jan Roodt	43.55		2002	W50	Angela Cilliers	25.30	Pilditch, AFMA	18/11/2023
M55	Jan Roodt	40.91		2004	W55	Susan Du Bruyn	22.65		2007
M60	Jan Roodt	37.13		2007	W60	Susan Du Bruyn	23.07		2009
M65	Jan Roodt	41.93		2012	W65	Susan Du Bruyn	21.03	Durban	21/03/2014
M70	Andrzej Rzepecki	37.48		2007	W70	Susan Du Bruyn	20.27	Oudtshoorn	03/05/2019
M75	Andrzej Rzepecki	30.79	Port Elizabeth	15/05/2015	W75	Jana Rzepecka	18.74	Oudtshoorn	03/05/2019
M80	Andrzej Rzepecki	28.95	CG champs	08/04/2017	W80	-			
M85	-				W85	-			
M90	-				W90	-			

Javelin									
Age Group	Athlete	Performance	Venue	Date	Age Group	Athlete	Performance	Venue	Date
M30	-				W30	-			
M35	Johan Labuschagne	43.50		2012	W35	O Dinkelman	28.00		
M40	D Pattenden	56.38			W40	J van Wyk	21.46		
M45	D Pattenden	53.16			W45	Evette Lombaard	26.80	Port Elizabeth	16/05/2015
M50	D Pattenden	51.98			W50	Mariana Beukes	22.95		2011
M55	Walter Oelofse	37.57			W55	Magdalena Tomlinson	21.47		2001
M60	H Rohde	36.40			W60	Magdalena Tomlinson	21.19		2003
M65	Kalie van Zyl	40.44			W65	Magdalena Tomlinson	19.70		2009
M70	Kalie van Zyl	39.40			W70	Susan Du Bruyn	15.96	Bloemfontein	27/04/2018
M75	Kalie van Zyl	33.64			W75	Ethel Paveley	8.60		
M80	Andrzej Rzepecki	28.05	GN champs	01/04/2017	W80	-			
M85	-				W85	-			
M90	-				W90	-			

Hammer Throw									
Age Group	Athlete	Performance	Venue	Date	Age Group	Athlete	Performance	Venue	Date
M30	-				W30	-			
M35	-				W35	-			
M40	Johan Labuschagne	33.91			W40	-			
M45	Johan Labuschagne	38.22	Durban	15/02/2020	W45	Angela Cilliers	26.55	Chatsworth	25/03/2017
M50	Gerhardus Nel	36.27		2007	W50	Angela Cilliers	28.60	Pilditch, AFMA	18/11/2023
M55	Jan Roodt	52.97		2004	W55	Susan Du Bruyn	30.32		2007
M60	Jan Roodt	53.64		2007	W60	Susan Du Bruyn	25.29		2009
M65	Andrzej Rzepecki	52.97		2002	W65	Susan Du Bruyn	23.77	Durban	22/03/2014
M70	Andrzej Rzepecki	48.05		2007	W70	Susan Du Bruyn	21.59	Bloemfontein	27/04/2018
M75	Andrzej Rzepecki	43.21			W75	-			
M80	Andrzej Rzepecki	44.09	Bloemfontein	27/04/2018	W80	-			
M85	-				W85	-			
M90	-				W90	-			

Shotput									
Age Group	Athlete	Performance	Venue	Date	Age Group	Athlete	Performance	Venue	Date
M30	-				W30	-			
M35	Johan Labuschagne	15.25		2011	W35	Francis Mandy	10.03		2012
M40	Johan Labuschagne	15.31	WMA Brazil	2013	W40	Jana Rzepecka	9.27		
M45	Johan Labuschagne	14.27	Durban	5/12/2020	W45	Angela Cilliers	10.27	Pretoria	13/05/2016
M50	Jan Roodt	13.01			W50	Penny England	9.03		
M55	Jan Roodt	12.95		2005	W55	Penny England	8.39		
M60	Jan Roodt	13.00		2007	W60	Magdalena Tomlinson	7.92		2003
M65	Andrzej Rzepecki	12.90		2002	W65	Susan Du Bruyn	7.80	Durban	22/03/2014
M70	Raymond Muller	9.30	Durban	15/02/2020	W70	Susan Du Bruyn	7.30	Bloemfontein	27/04/2018
M75	Andrzej Rzepecki	11.44	WMA Brazil	2013	W75	Jana Rzepecka	6.55	GNMA	29/03/2019
M80	Andrzej Rzepecki	11.52	GN Champs	01/04/2017	W80	-			
M85	-				W85	-			
M90	-				W90	-			

Weight Throw									
Age Group	Athlete	Performance	Venue	Date	Age Group	Athlete	Performance	Venue	Date
M30	-				W30	-			
M35	-				W35	-			
M40	Johann Labuschagne	14.91			W40	-			
M45	Johann Labuschagne	12.44	KZN champs	23/02/2018	W45	Angela Cilliers	9.31	Cape Town	04/05/2017
M50	Gerhard Nel	13.45		2007	W50	Angela Cilliers	10.06	Pilditch, AFMA	18/11/2023
M55	Jan Roodt	14.94		2004	W55	Valery-Ann Rawlins	4.44		
M60	Jan Roodt	20.01		2007	W60	-			
M65	-				W65	Susan Du Bruyn	10.03	Durban	22/03/2014
M70	Andrzej Rzepecki	17.60			W70	Susan Du Bruyn	10.97	Oudtshoorn	03/05/2019
M75	Andrzej Rzepecki	19.53	Germiston	13/04/2013	W75	-			
M80	Andrzej Rzepecki	19.32	Cape Town	04/05/2017	W80	-			
M85	-				W85	-			
M90	-				W90	-			