

OCTOBER 2024

Kwazulu-Natal



Masters Athletics

KZN Masters Athletics



The 25th World Masters Athletics Championships were hosted in Gothenburg Sweden from 13-25 August 2024.



111 countries were represented by over 8000 athletes.



The championships were hosted across three stadium venues:

- Slottsskogsvallen
- Björlanda Athletics Centre and
- Ullevi stadiums

and the non-stadia events were held at the Slottsskogen City Park.



The technical information centre and warm up area were housed in an amazing indoor facility called the House of Athletics (or Friidrottens Hus).





KZN Masters Athletes at World Champs

The event was extremely well organised, and the schedule ran smoothly.

It was amazing to see how the combined efforts of the local organising committee, technical officials and volunteers from all of the world came together to make the event such a success.

A team of 42 masters athletes represented South Africa, of which 6 were from KZN.

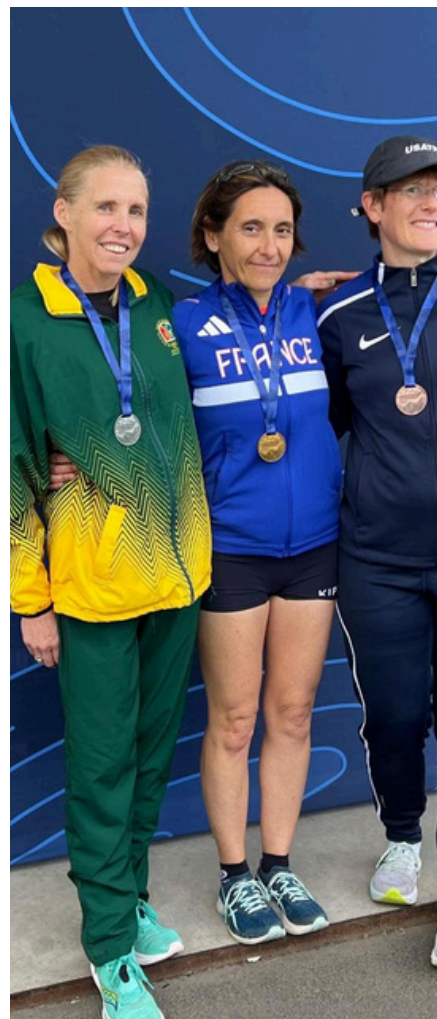
We are very proud of the performance of our athletes who returned with

- 5 medals,
- 1 AFMA & SAMA record and
- 4 new KZNMA records.



First Name	Surname	Age cat	Events	Position	Time / distance
Liz	Alexander	W65	200m	-	36.19
Liz	Alexander	W65	400m	-	01:29.25
Adrian	Carolan	M50	Long Jump	9	5.67m
David	Fourie	M55	400mH	3	01:03.23
David	Fourie	M55	400m	8	56.66
David	Fourie	M55	200m	-	25.59
Shona	Hutchinson	W50	300mH	1	45.85
Shona	Hutchinson	W50	200m	2	26.60
Shona	Hutchinson	W50	80mH	1	13.12
Moses	Naidoo	M50	400m	8	53.77
Belinda	Padbury	W50	5000m race walk	2	27:36.51
Belinda	Padbury	W50	10km road race walk	5	59:02





Please join us at our awards evening to celebrate the many wonderful performances of our athletes over the 2023 / 2024 season.

KZN MASTERS
ATHLETICS

Awards



**YOU ARE INVITED TO CELEBRATE THE AMAZING
ACHIEVEMENTS OF OUR MASTERS ATHLETES**

6PM ON SATURDAY 19TH OCTOBER, 2024

THE VENUE WESTVILLE COUNTRY CLUB
WANDSBECK ROOM

R250 PER PERSON

PARTNERS WELCOME

RSVP TO
MASTERSATHLETICKZN@GMAIL.COM

DRESS: COCKTAIL/JACKET AND TIE

Upcoming events on the Masters T&F Calendar

- 16 Nov - Leo Benning T&F meeting Cape Town
- 11 Jan - Leo Benning T&F meeting Cape Town
- 15 Feb - Leo Benning T&F meeting Cape Town
- tbc KZN Champs
- 8 Mar - EP Champs Gqeberha
- 22 Mar - Leo Benning T&F Cape Town
- 23 Mar WMA Indoor Championships Florida USA
- 4 April GN Masters Pretoria
- 12 Apr WP Masters Cape Town
- 1 May SAMA Champs Oudtshoorn

KZN Masters Athletics - We never give up!